



VASCU TOUCH

PRE-TREATMENT INSTRUCTIONS

Before Your Treatment:

The treatment you will be receiving is comparatively simple, but a few suggestions will make this more comfortable and successful for you.

- 1) PLEASE wash your face of makeup before treatment, use your normal cleanser. (If you don't want to do this, we can remove the makeup for you just before the treatment). If you're having vessels on the body or legs removed, we suggest washing with Hibiclens™ before coming in for treatment. This will reduce bacteria and help against infections (not likely in any case).
- 2) DO NOT take aspirin before or after the treatment (24 hours). Aspirin causes unnecessary bleeding.
- 3) You may take Tylenol™ or Advil™ before treatment if you think you'll be sensitive to the treatment. Advil™ is preferable, because it will slightly diminish swelling after the treatment. Take this with food.
- 4) PLEASE eat something before treatment. We recommend a small meal with carbohydrates to raise your blood sugar. This helps relax you, and minimizes treatment sensitivity.
- 5) PLEASE come in 20 minutes early if we are going to use cream anesthesia.
- 6) DO NOT drink coffee or beverages with caffeine: this increases your pain level and causes nervousness.
- 7) PLEASE wear comfortable clothing. If you're having leg vessels treated, wear loose fitting pants. DO NOT wear hose of any kind; you'll not be able to put them on after the treatment. MUST bring an ace bandage for leg vessels.

Client Signature _____ Print _____ Date _____

Technician Signature _____ Print _____ Date _____